

Mother Nature's Miracle™ is the most Powerful Formula Consisting of over 140 Natural Nutrients.
 One ounce per day provides you with 100% all inclusive daily vitamin, minerals, enzymes, amino acids, protein, and herbs to help aid in Successful Long Term Disease Prevention.

Vitamins	Function & Symptoms of Deficiency
Vitamin A; Beta Carotene 14,000 IU	Cancer Prevention, Prevents Eye Problems, used for Acne, Ulcers, & Tissue maintenance repair. Enhances Immunity. Protects against Pollution.
Vitamin B6 (As Pyridoxine Hydrochloride) 4 mg	Maintains health nerves, Skin Eyes, Hair, Liver, Mouth, Muscle Tone, & G.I. Tract. Coenzyme, Energy Production, used for Depression, Anxiety, Metabolism / Stress & Prevents Anemia
Vitamin B12 (Cyanocobalamin) 1000 mcg	Skin, Eyesight, Fatigue, Abnormal Sleep Patterns
Vitamin C 1200 mg	Helps Wounds, Surgery, Stress, Allergies, Asthma, Immune System, Heart Disease, Cancer Prevention, Bleeding Gums, Protects against Pollution.
Vitamin D 1 800 IU	Osteoporosis, High blood pressure, increases the absorption of minerals.
Vitamin E 1 180 IU	Antioxidant, Cancer prevention, Tissue repair, improves circulation, Prevents Age Spots, & PMS
Vitamin K 170 mcg	Blood Clotting, Tissue repair, Bone formation, may prevent Osteoporosis.
Sulfur**	Degeneration of cartilage, ligaments & tendons Lupus, Sickle Anemia, & Collagen Diseases
Copper 2mg	White/Grey or Brittle hair, Hernias, Varicose Veins, Aneurysms, Anemia, Hypo or Hyper Thyroidism, Arthritis, Liver Cirrhosis, Violent Behavior, & Learning Disabilities.
Coral Calcium 1100 mg	Osteoporosis, Receding Gums, Arthritis, High Blood Pressure, Insomnia Kidney Stones, Bone Spurs, Calcium Deposits, Cramps, Twitches, & Bells Palsy
Iodine 320 mcg	Fatigue, Colds, Muscle Pains, Heavy Periods, Low Sex Drive, Brittle Nails, Weight Gains, Hair Loss, Muscle Cramps, Depression, Puffy Face, Dry Skin & Hair, Poor Memory.
Magnesium 260 mg	Asthma, Anorexia, Migraines, Growth Failures, Muscle Weakness, Tremors, Vertigo & Small Arteries
Iron 10mg	Hemoglobin, Pica, Fatigue, Heart Palpitations, Memory Deficits & Anemia
Phosphorous 500 mcg	Brittle Bone, Low Energy, Inability to break down proteins, fats and carbohydrates

Potassium 300 mg	Muscular Weakness, Mental Apathy, FACT: May lower Blood Pressure
Zinc 30 mg	Impaired ability to heal, hair loss, fatigue and acne
Chromium 200 mcg	Depressed Growth Rate, Glucose Intolerance in Diabetics
CoQ10 3mg	Anti Oxidant, Cancer, Heart Disease, Poor Immune System
Herbs	Function & Symptoms of Deficiency
Gingko Biloba 100 mg	Improves Memory, Brain Function, Blood Flow, Depression, Oxygenation, Asthma, Alzheimer's Disease, Heart & Kidney Disorders.
Aloe Vera 6000 mg	Restores Tissue, Anesthetic, Heals Burns, Itching, Regenerates with no Scar.
Ginseng 500 mg	Used for Impotence, Energy, Diabetes, Colds & Chest Problems. i Enhances Immune Functions & normalizes B.P.
Enzymes	Function & Symptoms of Deficiency <i>Proprietary Formula</i>
Amylase	Is the digestive enzyme used to digest carbohydrates
Lipase	Is the enzyme used to break down dietary fats
Papian	Helps improve skin and breakdown protein
Pepsin	Is the principle enzyme which helps aid gastric juices
Ptyaln	Helps in aiding digestion in the stomach for several hours
Protein 3 G	From vegetable sources is essential in building, repairing and maintaining body tissue
Trace Minerals	Function & Symptoms of Deficiency
Sulfur	Important mineral in several amino acids within the body involved in functions of Hemoglobin, Insulin, Hormone, Adrenal Hormones, Enzymes, and Antibodies. Deficiency: Degeneration of cartilage, ligaments and tendons, Lupus, Sickle cell anemia, Several collagen diseases
Ten	Animal studies show deficiencies cause: Poor growth and Poor feeding, Hearing loss, Male pattern baldness, Cancer prevention properties
Chromium	Deficiency: Low blood sugar (Vanadium& copper also) Prediabetes (Vanadium also), Diabetes (Vanadium also) Hyperactivity, Learning disabilities, ADD/ADHD Hyperirritability, Depression, Dr. Jekyll/Mr. Hyde rages Impaired growth, Peripheral neuropathy, Negative nitrogen balance (body lean mass/protein loss), Elevated blood triglycerides, Elevated blood cholesterol plaque, Infertility & decreased sperm count, Shortened life span
Copper	Deficiency: White or Gray hair, Dry brittle hair, Ptosis (sagging tissue-eye lids,

	skin, breast, stomach, etc.)Hernias, Varicose veins, Aneurysm (artery wall bulges) Kawasaki Disease, Anemia (common in vegans & high milk users), Hypo or Hyper thyroid, Arthritis (especially where growth plate are involved), Ruptured vertebral discs problems, Liver cirrhosis (Number 9 killer in US) Violent behavior, blind rage, explosive outbursts, Learning disabilities, Cerebral palsy & hypopasia (failure to form) of the cerebellum, High blood cholesterol, Reduced glucose tolerance (low blood sugar)
Praseodymium	Enhances normal cell growth. Doubles life span in laboratory animals
Antimony	Effective against blood flukes
Strontium	Strontium can replace calcium in many organisms including man, Essential trace element
Thulium	Enhances growth of normal cells Doubles the life span of laboratory animals
Trace Minerals	Function & Symptoms of Deficiency
Gold	Reduces active joint inflammation
Molybdenum	Essential as a metalloenzyme of several enzyme systems
Iodine	Needed by body for thyroid function (Thyroxin is thyroid Hormone), Copper needed to utilize iodine Deficiency: Under Active Thyroid, Fatigue, Cold intolerance Muscle Aches and pains, Heavy periods or less than 28 days cycles, Low sex drive, Brittle nails, Weight gains, Hair loss Muscle cramps, Depression, Constipation, Elevated blood cholesterol, Puffy face, Dry skin & hair, Inability to concentrate, Poor memory, Goiter (throat swelling) Over Active Thyroid, Insomnia, Heat Intolerance, Excessive sweating, Light periods or longer than 28 day cycles, Hand tremors, Rapid pulse, Bulging eyes, Weight loss, Increased appetite, Muscle weakness, Frequent bowel movements, Irritability, Nervousness Goiter (throat swelling)
Lithium	Deficiency: Depression, Manic depression, Lithium deficiency aggravated by high sugar consumption Reproductive failure, Infertility, Reduced growth rated Shortened life span, ADD, Rages & fits
Manganese	Deficiency: Congenital ataxia, Congenital deafness, Asthma, Chondromalacia, Chondrodystrophy, Poor cartilage formation problems, Repetitive Motion Syndromes (like TMJ, Carpal Tunnel Syndrome), Convulsions Infertility (failure to ovulate or testicle atrophy), Still births or spontaneous miscarriages, Loss of sex drive, Retarded growth rates, Shortened long bones
Nickel	Deficiency: Poor growth, Anemia (low hematocrit) Depressed oxidative ability of the liver, High newborn mortality, Rough/dry hair coat in animals, Dermatitis Delayed puberty, Poor zinc absorption
Silver	Kills over 650 disease causing organisms, Systemic disinfection & immune support, Subdues inflammation & promotes healing, Anti-bacterial, Anti-viral, Anti-fungal
Boron	Essential for bone metabolism, Aids efficient calcium & magnesium use, Proper

	endocrine function Reduces calcium loss from bones (Osteoporosis)
Bismuth	Ulcers result from lack of bismuth & a bacteria <i>Helicobacter pylori</i>
Calcium	High protein diets increase demands for calcium Deficiency: Osteoporosis (& Dowagers Hump fractures,) Receding gums (osteoporosis if facial bones & jaw bones) Osteomalacia (failure to mineralize the protein bone) Arthritis, Hypertension/High Blood Pressure, Insomnia, Kidney stones, Bone spurs, Calcium deposits, Cramps & twitches, PMS, Some low back pains (sciatica, muscle spasms), Bell's Palsy, Osteofibrosis (enlargement of bones with scar tissue), Tetany, Panic attacks
Cobalt	Essential part of Vitamin B12 (Growth & nerve system) Emaciation, listless, starved look, pale mucus membranes, Anorexia, Anemia
Cesium	Cancer aid cesium enters cancer cell and produces alkaline condition
Europium	Doubles the life span of laboratory animals
Fluoride	In plant based colloidal form will aid bone strength & no toxicity
Iron	Deficiency: Hemoglobin (Oxygen carrier in red blood cells) Pica (mineral lack and eats dirt and chews ice), Listlessness & fatigue, Heart palpitations, Memory deficits, Sore tongue, Anemia
Gallium	Reduces brain cancers
Silica	Increases collagen in growing bone by 100%, Deficiency: Dry brittle hair, Brittle fingernails, Poor skin quality, Poor calcium utilization & arterial wall strength problems
Samarium	Enhances normal cell proliferation, Doubles the life span of laboratory animals
Selenium	Effective anti-oxidant, Deficiency: Anemia (red blood cell fragility), Age spots or liver spots, Fatigue, HIV (AIDS), Myalgia, Scoliosis, Muscular Dystrophy, Cystic Fibrosis, Cardiomyopathy, Multiple Sclerosis, Heart palpitation, Irregular heart beat, Liver cirrhosis, Pancreatitis, AS (Lou Gehrig's Disease), Parkinson's Disease (associated lead poisoning), Alzheimer's Disease (associated high vegetable oil consumption), Infertility, Low birth weight, High infant mortality, Sudden Infant Death Syndrome (SIDS), Cancer (associated with high vegetable oil intake) (Number 2 killer), Sickle cell anemia
Germanium	Highly efficient electrical impulse initiator, Aid in oxygen utilization, Enhances immune systems function, (Killer cells, interfering, macrophage and T-suppressor cells), Deficiency: Arthritis, Osteoporosis, Low energy, Cancer
Yttrium	Enhances normal cell growth, Doubles life span of laboratory animals
Potassium	Deficiency: Muscular weakness, Mental apathy
Lanthanum	Deficiency: Maybe involved in chronic fatigue diseases
Magnesium	Deficiency: Asthma, Anorexia, Menstrual migraines, Growth failures,

	Neuromuscular problems, Tetany-Convulsions, Depression, Muscular weakness, Tremors, Vertigo, Calcification of small arteries, Malignant calcification of soft tissue
Vanadium	Aids in glucose (blood sugar) oxidation and transport, Enhances insulin effectiveness (aids with blood sugar problems), Decreases cholesterol production, Increases effectiveness of heart muscle contraction, Anti-Cancer properties Deficiency: Slow growth, Increased infant mortality, Infertility, Elevated cholesterol & triglycerides, Hypoglycemia & Diabetes, Cardiovascular disease, Obesity
Amino Acids	Function & Symptoms of Deficiency - Proprietary Formula
Alanine	Important source of energy for muscle tissue, helps in the metabolization of sugars
Arginine	Improves immune responses to bacteria, crucial for optimal muscle growth
Cystine	Powerful antioxidant, aids recovery from burns and surgical operations
Glycine	Helps trigger release of oxygen to energy
Leucine	Used for production of energy to the upper brain
Methionine	Prevents disorders of hair, skin, and nails
Phenylalanine	Improves memory, reduces hunger pains
Proline	Helps maintain and strengthen heart muscles
Serine	Strengthens immune systems, synthesizes fatty acid
Tyrosine	Improves memory, helps overcome depression
Valine	Promotes mental vigor and muscle coordination
Sea Nutrients	Proprietary Formula
Alaria Valida	Rich in Vitamin A, vitamin B and calcium
Costaria Costata	Helps reduce blood cholesterol levels. Helps improve thyroid function.
Agar	Used for constipation
Algin	Ability to draw harmful pollutants like lead from the body
Dulse	Rich in protein, fluoride and iron
Kelp	Helps thyroid conditions
Kombu	High in Trace Minerals
Kuzu	Helps soothe the stomach and strengthen the intestines

Nori	Good for prostate and thyroid, high in protein
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